



“MASTERING THE FOUR AGREEMENTS”

**“Understanding the Four Agreements is the First Step...
Applying Them Is What Makes You A Master.”**

~ Don Miguel Ruiz, Jr. ~

Join us for an EVEN DEEPER DIVE into the Four Agreements, as we study

“The Mastery of Self,”

written by the SON of the author of the ORIGINAL Four Agreements!

This Monday night series is overflowing with practical, hands-on exercises and techniques to help you live your most authentic life!

In this class you will learn how to:

- * Live peacefully within yourself and with others
 - * Honor your truth and
- * Create your most loving, powerful, amazing life!

“Mastering the Four Agreements”

Mondays 7:00 - 8:30 pm via Zoom, Beginning January 2nd

\$25 weekly class fee via Venmo to “Lynn-Pridmore”

Zoom link will be emailed upon receipt of payment

Join us weekly or as your schedule allows!

Contact Lynn Pridmore at 201-572-7771 or Lynn@SpiritHealingAndWellness.com for additional information (www.SpiritHealingAndWellness.com).