



“SPIRIT HEALING & WELLNESS”

HOLISTIC HEALTH PRACTICES, SERVICES & EDUCATION

ENERGY TREATMENTS

Jin Shin Jyutsu

Reiki

Integrated Energy Therapy (IET)

Ayurvedic Indian Head Massage

Emotional Freedom Technique (EFT)

Vibrational Sound Healing Therapy

Reflexology

Kabbalistic Tree of Life Activations

Chakra and Auric Field Balancing

Crystal Healing Therapy

BECOME AN ENERGY

PRACTITIONER

Certifications in Reiki and

Integrated Energy Therapy (IET)

COACHING

Holistic Health Coaching

Empowerment Coaching

Spiritual Counseling

INDIVIDUAL & GROUP TRAINING

Stress Management

Meditation

Mindfulness

Self-Healing Energy Work

Yoga & Qigong

Discovering Your Personal Archetypes

Ending Self-Sabotage

Manifesting with the Moon

Energy Practitioner Certification

READINGS

Akashic Record Readings

Spirit Readings

MINISTERIAL SERVICES

Weddings, Baptisms, Funerals

Commitment Ceremonies

Spirit Healing and Wellness

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